

# Makeup Guidelines

## **Make-Up A: (Primary Ballet, Ballet/Tap Combo Classes, Ballet Buddies, Tutu Tots, Baby Ballerina & Me, Tap/Jazz Combo)**

- Must wear blush & lip color - see colors listed below.

## **Make-Up B: (Standard 1, Level 1 & up)**

- Must wear all regular stage makeup from the list below.

## **Make-Up C: (Men & Boys)**

- Rose blush as described below and a burgundy lip pencil. Outline the lip and blend it onto the lip.

## **False Eyelashes:**

- All female dancers ages 11 & up are required to wear false eyelashes.
- All Performing Group Members, Jr. 3 & up, are required to wear false eyelashes.
- Any age dancer who wishes to look professional may wear them.

## **Foundation:**

Choose a full-coverage foundation that matches your dancer's skin color. If your foundation is not a powder finish, follow with either a translucent powder or one that matches the foundation.

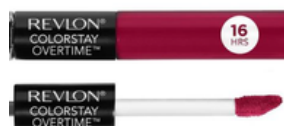
## **Blush:**

- Blush should be a rose peachy-pink color, not a brown tone.
- Try to come close to the middle shade in the photo.



## **Lips:**

Dancers should wear long-lasting, smudge-proof lipstick. This alleviates the need for touch-ups throughout the show. Revlon Colorstay lipstick is a good option. Try to come close to the color in the photo.



**Eye shadow:**

Choose both a burgundy and a light, frosty pink, or cream shadow. Apply the light color over the entire lid up to the brow, and the burgundy in the crease.

Line the upper and lower eye with black eyeliner, as illustrated below, taking the liner out on the sides a bit.

Finish with lashes and black mascara.



All Performing Group members, Junior 3 and up (and all female dancers ages 11 & up), are required to wear false eyelashes.

Any kind of lashes may be purchased. Mascara should be applied after lashes.

Please use the images below to choose a burgundy and frosty pink / cream color.



# How to make the perfect ballet bun

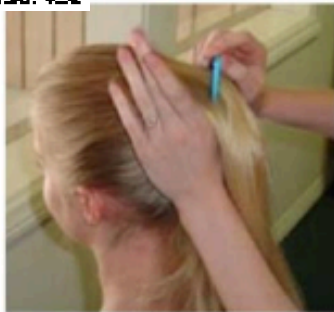
All girls in all ballet classes must wear their hair in a neat and tidy classical bun or short hair pinned up so hair does not obscure the neckline or get in the students' eyes. The ballet bun keeps hair from flying in a dancer's face. It also creates a clean, elegant line for the dancer.

## Materials List:

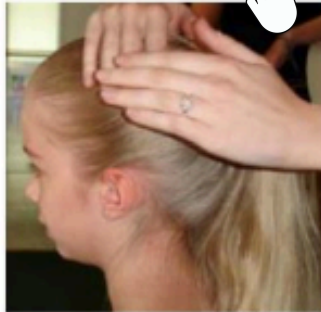
- Hairspray and/or hair gel
- Hair pins (The thicker type with plastic tips.)
- Bobby pins
- Elastic band
- Comb & brush (Fine tooth comb preferable)
- Hair net (Fine net with elastic edges, should be same color as hair)



For a video tutorial, scan this QR code or [CLICK HERE](#)



1. To start the process, wet your hands and the hair with water. This will give you better control of the hair. Gather the hair and pull it back. Apply hair gel if you need more control over the hair.



2. Use a hairbrush to smooth out the rough or uneven areas. Form a ponytail by brushing the hair up from the jaw line to the top part of the back of the head. This will form a high bun. The placement of the ponytail determines the placement of the bun.



3. Use an elastic hair band to secure the ponytail. A tight ponytail with hair drawn snugly back is the key to making a good ballet bun.



4. Apply more water or gel to keep the hair neat, and twist the ponytail.



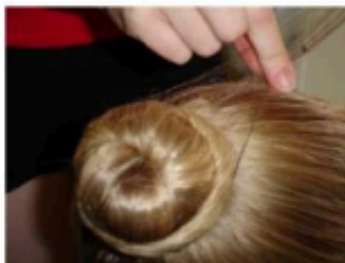
5. Coil the ponytail into a tight circle.



6. Use hair pins all around the coil to secure it to the rest of the hair. Slide each pin through the outer part of the coil, then into the base of the bun.



7. Wrap a fine hair net around the bun. Keep wrapping so that the hair net tightly secures the bun. Add a few more pins.



8. With long, thick hair, you may end up with a bun that will protrude too much. A flatter bun is preferable. To flatten, remove all pins. The hair net will hold the bun. Then flatten the bun and re-pin all around the bun.



9. For extra hold, when the bun and hair are all secure, use hairspray.